



News from the

Susan B. Anthony Project

SAFETY • HEALING • GROWTH

Economic Stress Creates Increased Need

SBAP's HELP MAKES ALL THE DIFFERENCE

Unemployment, layoffs, reduced hours, bill collectors, home foreclosures, increased financial pressure, stress. Many of us are experiencing these and other anxiety producing challenges resulting from our economy. According to the National Institute of Justice, employment instability and financial strain are both significant risk factors for intimate partner violence against women.

At Susan B. Anthony Project we are experiencing the effects of the economic downturn. During 2009, the rate of calls to our crisis line increased by 96%. In June, July and August this year we received 626 calls to our 24-hour crisis line, compared to 319 calls during the same time period in 2008.

Our greatest concern is that financial strain will keep victims, primarily women, in abusive relationships because they see no options. Susan B. Anthony Project offers options, safety, and opportunity.

Susan B. Anthony Project offers options, safety, and opportunity.



Danielle and her son with their new car, donated by a friend of SBAP.

Last year, Susan B. Anthony Project helped 2,582 people rebuild lives shattered from the trauma of domestic and sexual violence.

(Susan B. Anthony Project stats July 1, 2008 —June 30, 2009).

Meet Danielle, who came to the Susan B. Anthony Project's shelter seeking safety with her two year old son in early 2008. Their lives had been shattered by domestic violence. After a few months in the shelter, they moved into one of SBAP's Transitional Living apartments.

Danielle had dreams of becoming a nurse and was able to make her first step in this direction by taking Certificate Nursing Assistant training at Northwestern Connecticut Community College. SBAP provided her with financial assistance, thanks to a grant from the Melville Charitable Trust's Educational Opportunities Project.

Danielle's next hurdle will be to find a job to support herself and her son. Lacking a car, however, her options were limited. A friend of Susan B. Anthony Project donated a car with hopes that one of our clients could use it. Danielle was the recipient of this generous gift.

Now, Danielle has a safe place to live, marketable job skills, a car, and the self confidence to begin interviewing for a job — options, safety and opportunity in action.



October is Domestic Violence Awareness Month

Candlelight Vigil

Wednesday October 14th
6:30pm @ Coe Park, Torrington

Clothesline Project

- Collection of T-shirts created by survivors of abuse, on display at SBAP and on website www.sbaproject.org
- Display at Northwestern CT Community College library

Economic Toll on Teens

> 74% of teens report economic problems in their families in the past year. These teens are significantly more likely to have witnessed abuse between their parents than their peers who do not report economic problems at home.

> Teens who have witnessed abuse between their parents report 50% higher incidences of abuse in their own dating relationships than teens who have not witnessed abuse at home.

(Family Violence Prevention Fund, *Impact of the Economy and Parent/Teen Dialogue on Dating Relationships and Abuse*, June 2009.)

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*Susan B. Anthony Project
welcomes new Board member:*

Catherine S. Oneglia, Esq. *Community
Leader & Volunteer Litchfield, CT*

Authors' Luncheon

SATURDAY, NOVEMBER 14, 2009 AT NOON



Nancy Bachrach – Author of *The Center of the Universe*, a darkly hilarious account of her mother's real life recovery from "permanent, irreversible" brain damage.

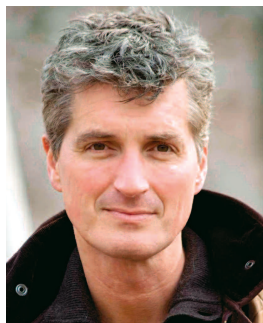


PHOTO: CHRISTOPHER LITTLE

Todd Johnson – Author of *The Sweet By and By*, an eloquently crafted story of five southern women bonded by their shared histories, passions and secrets.



PHOTO: EMILY GOLDSTONE

Nancy Goldstone – Author of *The Lady Queen: The Notorious Reign of Joanna I, Queen of Naples, Jerusalem, and Sicily*, the riveting story of one of the most remarkable women rulers of the Middle Ages.

Moderator – **Gina Barreca**, author of *It's Not That I'm Bitter: How I learned to Stop Worrying About Visible Panty Lines and Conquered the World*, professor of English Literature and Feminist Theory at University of Connecticut, and member of Susan B. Anthony Project Advisory Board.

Location: Torrington Country Club, Goshen, Connecticut

Tickets: \$50 a person and can be purchased at www.sbagproject.org click on Events.

Limited seating, call Nancy Rogers at 860-489-3798 to reserve a table.

Sponsored by Hickory Stick Bookshop, Washington, Connecticut



MOMIX, MOSES in the MARIGOLDS

Moses Pendleton, MOMIX founder and artistic director and his wife, Cynthia Quinn, Associate Director and dancer, hosted a fundraiser at their home for Susan B. Anthony Project.

PHOTO: ANN LEARY

☎ 24-HOUR CRISIS LINE: 860-482-7133 ☎

STATEWIDE TOLL FREE HOTLINES:

Domestic Violence: 1-888-774-2900

Sexual Assault: 1-888-999-5545

En Espanol: 1-888-568-8332

AN EASY WAY TO HELP:

Make a monthly donation and help families in need.

SUSAN B. ANTHONY PROJECT CAN PROCESS YOUR MONTHLY CREDIT CARD DONATION.

"I was very moved by Barbara Spiegel's remarks at last year's Authors' Luncheon. She spoke about how difficult it had become for Susan B. Anthony Project to help women with some very basic needs like food for their children. I decided I could help by making a monthly donation earmarked for grocery cards. Instead of giving once a year, SBAP could count on my donation every month.



Judy Jackson

SUPPORT GROUPS AND WORKSHOPS

HEART Group: (Help End Abusive Relationship Tendencies)

An on-going, peer support group for women who have experienced any form of family violence, meets Tuesday and Wednesday evenings 6:30-8:00 p.m. Childcare is available. Please call to speak with a facilitator prior to attending your first group.

Women's Trauma Survivors' Group

An on-going group for survivors of trauma. Focuses on coping skills for dealing with past trauma. Thursday evenings 6:00-7:30 p.m. Interested individuals must call to speak to a facilitator prior to attending.

The following workshops will be forming soon. Call Lois at 489-3798 for more information.

- **Self-Esteem Support Group**
- **Latina Self-Esteem Group – "La Autoestima de la Mujer"**
- **Latina Self-Esteem Group for Teen Girls**

For more information about exact dates, times and to pre-register, call 489-3798 and reference the title of interest.

Wish List

If you have any questions about an item listed, please call 860-489-3798 and ask for Denise.

OUR CLIENTS' MOST PRESSING NEEDS

Gas gift cards
Grocery Store gift cards
Clothing Store gift cards

CASH DONATIONS

For client assistance

BEDDING

Pillows	Washable pillow covers
Crib sheets	Twin sheets
Baby blankets	Twin blankets

PERSONAL HYGIENE

Deodorant	Razors
Body Lotion	Shaving Cream
Thermometers	Q-Tips
Tylenol/Advil	Hair Brushes
Children's Tylenol	
Diaper wipes & cream	
Shampoo & conditioner	

SHELTER SUPPLIES

Laundry baskets	Hampers
Kitchen towels	Sponges
Laundry detergent	
Dryer sheets – unscented	
Dishwasher liquid	
Mr. Clean magic erasers	
Bleach free cleaners	
Ziploc storage bags	
Food storage containers	

MISCELLANEOUS

Backpacks	Phone cards
Umbrellas	
Flashlights & Batteries	

Ways to Give... IT ALL BEGINS WITH YOU

Susan B. Anthony Project receives over 40% of its budget from people like you.

- **Outright Gift:** The simplest method of giving by check or credit card. Please use the enclosed envelope or make a secure online gift at www.sbaproject.org
- **Appreciated Securities:** A gift of appreciated securities can provide considerable tax benefits
- **Gifts to Susan B. Anthony Project Endowment Fund:** Income from this fund provides program support
- **Wills and Bequests:** Your gift passes to the Susan B. Anthony Project after your death

To make a gift or to learn about these and other charitable giving programs, contact Nancy Rogers, Director of Development, at 860-489-3798 or nrogers@sbaproject.org.

Susan B. Anthony Project is a 501(c)(3) nonprofit organization.

Making a Difference



Alcoa Howmet employees Ruby Baird, Mary Noel and Laurie Roy with SBAP Community Educator Jessie Marini at Howmet Action Event collecting donations for SBAP at Stop & Shop and Kmart in Torrington.



RSVP Retired Senior Volunteer Program of New Opportunities, Inc. helping with Tea for Two Hundred invitation mailing



Dinners for four families living in the Transitional House prepared by the Blue Diamonds, a chapter of the Blue Thong Society.



Arielle Coree, a 2009 graduate of Shepaug High School attends Simmons College in Boston. Arielle chose SBAP as her senior project at Shepaug and gave several concerts to benefit SBAP.

Tea For Two Hundred

12th Annual Tea for Two Hundred raised funds to help Susan B. Anthony Project and Interfaith Aids Ministry of Danbury. The event was hosted by Gael Hammer and Gary Goodwin at their home in Washington, Connecticut on July 25th.

More photos from the TEA can be viewed at www.teafortwohundred.org



SBAP Board members Ann Bott, Nanette Falkenberg, Carissa Keepin with Gary Goodwin and Gael Hammer



Gael Hammer and Honorary Chair Polly Bergen with friends

PHOTOS: JAY SOTTOLANO

Interested in Volunteering? SBAP NEEDS YOUR HELP!

There are many ways to volunteer at Susan B. Anthony Project.

Direct Service Volunteer — a 40-hour training program prepares you to:

- ~ Answer the Crisis Hotline
- ~ Co-facilitate a Support Group
- ~ Help with school presentations

Special Event, Programs & Fundraising

- ~ Sell Holiday Wreaths
- ~ Help with wreath pick-ups
- ~ Help with mailings

General Volunteer

- ~ Childcare for evening Support Groups
- ~ Bilingual Volunteer
- ~ Receptionist

For more information, go to www.sbaproject.org and click on **volunteer opportunity link** or call **volunteer coordinator at (860) 489-3798**.



Adopt a Family For The Holidays

Please help us make the holidays special for one of our families. To adopt a family for the holidays, call Jeanne at 860-489-3798 by Thanksgiving.

GIFT CERTIFICATES — WalMart — Target — T.J. Maxx — Olympia Sports — Haircuts

CASH — To purchase gifts for teenagers and adult women



HANDMADE IN MAINE

20" @ \$15

28" @ \$30

38" @ \$50

Wreaths are available for pick up the week of DECEMBER 7th.

Become a volunteer seller, email Louise at lriley@sbaproject.org

Holiday Wreath Sale

NAME OF ORGANIZATION: _____

CONTACT PERSON/TITLE: _____

ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

TELEPHONE # _____

FAX # _____

Wreath Order:

Qty

Total

20" \$15

28" \$30

38" \$50

TOTAL

860-489-3798 **phone orders**

860-482-6268 **fax orders**

www.sbaproject.org **order on-line**

Order by mail:

Susan B. Anthony Project

179 Water St., Torrington, CT 06790

Susan B. Anthony Project

179 Water Street

Torrington, CT 06790

Office: 860-489-3798

www.sbaproject.org

Serving the towns of: Barkhamsted, Canaan, Colebrook,
Cornwall, Goshen, Hartland, Harwinton, Kent, Litchfield,
Morris, New Hartford, Norfolk, North Canaan, Salisbury,
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OCTOBER IS...

Domestic Violence Awareness Month

Candlelight Vigil, October 14, 6:30 p.m., Coe Park, Torrington

recent grants

Susan B. Anthony Project is proud to announce the following grants:

AKC Fund, Inc. — \$10,000 for shelter, counseling & advocacy

Berkshire Taconic Community Foundation — \$5,000 for services in northwest Connecticut

Connecticut Community Foundation, Women's Initiative Fund — \$5,000 for clients in Goshen, Litchfield, Morris, Thomaston, Warren and Washington

Crosswicks Foundation, LTD — \$10,000 for program support

George A. & Grace L. Long Foundation, Bank of America & Alan S. Parker, Co-Trustees — \$2,000 for support, counseling and advocacy for children

Hartley Corporation — \$1,000 for program support

Hedge Funds Care, Inc. — \$20,000 for Safe Touch puppet shows in schools

Salisbury Bank & Trust Company — \$1,000 program support

The Community Foundation of Northwest Connecticut — \$3,500 for fuel and food assistance

The Community Foundation of Northwest Connecticut, Women's & Girl's Fund — \$3,000 for Latino girls self-esteem group

Torrington Family Kempo — \$1,500 for program support

Verizon Wireless HopeLine — \$2,000 for domestic violence counseling, safety planning & advocacy

Webster Bank — \$5,000 for client emergency needs

MISSION STATEMENT

Susan B. Anthony Project promotes safety, healing and growth for all survivors of domestic and sexual abuse and advocates for the autonomy of women and the end of interpersonal violence.



**Susan B. Anthony Project
is a United Way Agency**